

Carrot and Apple Salad

Ingredients:

- 2 tbs honey
- 2 tbs walnut oil or extra virgin olive oil
- 2 tbs fresh lemon juice
- 1 green apple, cored and thinly sliced
- 2 carrots, peeled and cut into coins
- ½ c walnut pieces, toasted

In a large bowl, whisk honey, oil and lemon juice: season to taste. Toss apple and carrots with dressing. Sprinkle with nuts.