BE A HEALTH HERO

Put health on the shelves when you give.

Easy open, pop-top, and microwavable items are appreciated for those in crisis situations with no access to a stove.

Food Drive

Most needed items:

PROTEINS
- Canned chicken or tuna
- Peanut butter
- Dry or canned beans
- Nuts

WHOLE GRAINS
- Whole Grain Cereal
- Pasta
- Brown rice
- Crackers

VEGETABLES & FRUIT
- Canned fruit
- Canned vegetables
- Pasta sauce
- Raisins
- Salsa
- Soup with vegetables

NON-FOOD
- Diapers and wipes
- Laundry Detergent
- Deodorant
- Toilet Paper

Feed My People cannot accept donations of homemade foods or opened packages.